

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:10 pm Flow Yoga w/ Andrea 6:30 pm Zumba w/ Karin	3 12:00 pm Drop-In Student Tech Support 12:10 pm Cycle Strength w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	4 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/Rachel 7:30 pm Yang Yin Yoga w/ Matty	5 12:00 pm Lunch and Learn: MLA 9 Style Citations 12:00 pm Personal Branding 12:00 pm Drop-In Student Tech Support 12:10 pm Arms-Booty-Core w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	6 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/ Rachel 5:00 pm Yoga Flow w/ Nexcy 7:30 pm Clue: On Stage	7 7:30 pm Clue: On Stage
8	9 12:00 am Library Closed 8:00 am Holiday Hours 8:30 am College Closed: Thanksgiving 9:00 am Toddler Time	10 12:00 pm Drop-In Student Tech Support 12:00 pm Interview Skills 12:10 pm Cycle Strength w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	11 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/Rachel 7:30 pm Yang Yin Yoga w/ Matty 7:30 pm Sarah Hagen - Perk Up, Pianist	12 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:00 pm Professional Portfolio 12:10 pm Arms-Booty-Core w/ Priscilla 5:00 pm Full Body Burn w/ Taylor 7:30 pm Clue: On Stage	13 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/ Rachel 5:00 pm Yoga Flow w/ Nexcy 7:30 pm Clue: On Stage	14 10:00 am Active Yoga for Everybody w/ Andrea 11:30 am Zumba Mix w/ Karin 11:30 am Keyano College Open House 7:30 pm Clue: On Stage
15	16 12:00 pm Drop-In Student Tech Support 12:10 pm Flow Yoga w/ Andrea 6:30 pm Zumba w/ Karin	17 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:00 pm Networking & Communication 12:10 pm Cycle Strength w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	18 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/Rachel 7:30 pm Yang Yin Yoga w/ Matty	19 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support 12:10 pm Arms-Booty-Core w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	20 12:00 pm Drop-In Student Tech Support 12:10 pm High-Low Fit w/ Rachel 5:00 pm Yoga Flow w/ Nexcy	21 10:00 am Active Yoga for Everybody w/ Andrea 11:30 am Zumba Mix w/ Karin 8:00 pm Best Kind Comedy Tour
22	23 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support	24 12:00 pm Networking Event 12:00 pm Drop-In Student Tech Support	25 8:00 am Toddler Time 12:00 pm Drop-In Student Tech Support	26 12:00 pm Digital Literacy 12:00 pm Lunch and Learn: APA 7 Style Citations	27 8:30 am Career Services - Professional Photo 12:00 pm Drop-In Student Tech	28 10:00 am Active Yoga for Everybody w/ Andrea

	12:10 pm Flow Yoga w/ Andrea 6:30 pm Zumba w/ Karin	12:10 pm Cycle Strength w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	12:10 pm High-Low Fit w/Rachel 7:30 pm Yang Yin Yoga w/ Matty	12:00 pm Drop-In Student Tech Support 12:10 pm Arms- Booty-Core w/ Priscilla 5:00 pm Full Body Burn w/ Taylor	Support 12:10 pm High-Low Fit w/ Rachel 5:00 pm Yoga Flow w/ Nexcy	11:30 am Zumba Mix w/ Karin
29	30 12:00 pm Drop-In Student Tech Support 12:10 pm Flow Yoga w/ Andrea 6:30 pm Zumba w/ Karin	31 12:00 pm Workplace Basics 12:00 pm Drop-In Student Tech Support 12:10 pm Cycle Strength w/ Priscilla 1:30 pm Keyano Kreep 5:00 pm Full Body Burn w/ Taylor				

<https://calendar.keyano.ca>