

## **Tuesday, February 4, 2025**

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### **Toddler Time**

Date and Time: Tuesday, February 4 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Thursday, February 6, 2025**

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### **Toddler Time**

Date and Time: Thursday, February 6 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Monday, February 10, 2025**

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### **Toddler Time**

Date and Time: Monday, February 10 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

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Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## Tuesday, February 11, 2025

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### PARE Testing

Date and Time: Tuesday, February 11 11:30 am - 1:30 pm

Address: 9908 Penhorwood St

The Physical Abilities Requirement Evaluation (PARE) is a test use to assess a person's ability to perform the physical demands of police, and similar, work.

**For the test:** Please ensure to wear proper workout attire (shorts, leggings, sweat pants, t-shirt, tank top etc.), as well as clean indoor shoes (runners or trainers). Bring a water bottle and maybe even a small snack or Gatorade for after to aid in recovery. Make sure to have a small meal or snack 1-2 hours before the test.

This is a very physical test and recovery could take some time. We will test your vitals before the test, as well as after to ensure you've recovered before leaving the facility.

Please check in at the main Guest Services desk when you arrive for your test. Please arrive 15 minutes before scheduled time.

**A minimum of 3 participants is required to run the PARE test. If less than 3 are registered, you will be notified and a refund or reschedule will be completed.**

Register online - [https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_keyword=PARE&viewMode=list](https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=PARE&viewMode=list)

## Wednesday, February 12, 2025

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### Toddler Time

Date and Time: Wednesday, February 12 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Friday, February 14, 2025**

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### **Toddler Time**

Date and Time: Friday, February 14 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Monday, February 24, 2025**

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### **Toddler Time**

Date and Time: Monday, February 24 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Tuesday, February 25, 2025**

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### **PARE Testing**

Date and Time: Tuesday, February 25 11:30 am - 1:30 pm

Address: 9908 Penhorwood St

The Physical Abilities Requirement Evaluation (PARE) is a test use to assess a person's ability to perform the physical demands of police, and similar, work.

**For the test:** Please ensure to wear proper workout attire (shorts, leggings, sweat pants, t-shirt, tank top etc.), as well as clean indoor shoes (runners or trainers). Bring a water bottle and maybe even a small snack or Gatorade for after to aid in recovery. Make sure to have a small meal or snack 1-2 hours before the test.

This is a very physical test and recovery could take some time. We will test your vitals before the test, as well as after to ensure you've recovered before leaving the facility.

Please check in at the main Guest Services desk when you arrive for your test. Please arrive 15 minutes before scheduled time.

**A minimum of 3 participants is required to run the PARE test. If less than 3 are registered, you will be notified and a refund or reschedule will be completed.**

Register online - [https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_keyword=PARE&viewMode=list](https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=PARE&viewMode=list)

## Wednesday, February 26, 2025

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### Toddler Time

Date and Time: Wednesday, February 26 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

<https://calendar.keyano.ca>