

## Monday, March 3, 2025

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### Toddler Time

Date and Time: Monday, March 3 8:30 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## Thursday, March 6, 2025

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### Toddler Time

Date and Time: Thursday, March 6 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## Monday, March 10, 2025

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### Toddler Time

Date and Time: Monday, March 10 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

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Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## Tuesday, March 11, 2025

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### PARE Testing

Date and Time: Tuesday, March 11 11:30 am - 1:30 pm

Address: 9908 Penhorwood St

The Physical Abilities Requirement Evaluation (PARE) is a test use to assess a person's ability to perform the physical demands of police, and similar, work.

**For the test:** Please ensure to wear proper workout attire (shorts, leggings, sweat pants, t-shirt, tank top etc.), as well as clean indoor shoes (runners or trainers). Bring a water bottle and maybe even a small snack or Gatorade for after to aid in recovery. Make sure to have a small meal or snack 1-2 hours before the test.

This is a very physical test and recovery could take some time. We will test your vitals before the test, as well as after to ensure you've recovered before leaving the facility.

Please check in at the main Guest Services desk when you arrive for your test. Please arrive 15 minutes before scheduled time.

**A minimum of 3 participants is required to run the PARE test. If less than 3 are registered, you will be notified and a refund or reschedule will be completed.**

Register online - [https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_keyword=PARE&viewMode=list](https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=PARE&viewMode=list)

## Monday, March 17, 2025

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### Toddler Time

Date and Time: Monday, March 17 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Wednesday, March 19, 2025**

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### **Toddler Time**

Date and Time: Wednesday, March 19 8:00 am - 3:00 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Friday, March 21, 2025**

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### **Toddler Time**

Date and Time: Friday, March 21 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## **Monday, March 24, 2025**

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### **Toddler Time**

Date and Time: Monday, March 24 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

## Tuesday, March 25, 2025

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### PARE Testing

Date and Time: Tuesday, March 25 11:30 am - 1:30 pm

Address: 9908 Penhorwood St

The Physical Abilities Requirement Evaluation (PARE) is a test use to assess a person's ability to perform the physical demands of police, and similar, work.

**For the test:** Please ensure to wear proper workout attire (shorts, leggings, sweat pants, t-shirt, tank top etc.), as well as clean indoor shoes (runners or trainers). Bring a water bottle and maybe even a small snack or Gatorade for after to aid in recovery. Make sure to have a small meal or snack 1-2 hours before the test.

This is a very physical test and recovery could take some time. We will test your vitals before the test, as well as after to ensure you've recovered before leaving the facility.

Please check in at the main Guest Services desk when you arrive for your test. Please arrive 15 minutes before scheduled time.

**A minimum of 3 participants is required to run the PARE test. If less than 3 are registered, you will be notified and a refund or reschedule will be completed.**

Register online - [https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_keyword=PARE&viewMode=list](https://anc.ca.apm.activecommunities.com/keyano/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=PARE&viewMode=list)

## Friday, March 28, 2025

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### Toddler Time

Date and Time: Friday, March 28 8:00 am - 3:30 pm

Address: 9908 Penhorwood St

Toddler Time is a parent-supervised drop-in program. Please monitor children to ensure this is a safe and fun space for all to enjoy.

Age: 0-5

Cost: \$5.00 (Under 1 are free)

10 Punches: \$45

<https://calendar.keyano.ca>