

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 am Women Only Workout Space 9:00 am Seniors Walk 7:00 pm Women Only Workout Space	2 9:00 am Seniors Walk	3
4 12:00 pm Teen Weight Trainers	5 9:00 am Seniors Walk	6 9:00 am Seniors Walk 9:00 am Women Only Workout Space 11:30 am PARE Testing 7:00 pm Women Only Workout Space	7 9:00 am Seniors Walk	8 8:00 am Toddler Time 9:00 am Seniors Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	9 9:00 am Seniors Walk	10
11 12:00 pm Teen Weight Trainers	12 9:00 am Seniors Walk	13 8:00 am Toddler Time 9:00 am Seniors Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	14 8:00 am Toddler Time 9:00 am Seniors Walk	15 8:00 am Toddler Time 9:00 am Seniors Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	16 8:00 am Toddler Time 9:00 am Seniors Walk	17
18	19 8:00 am Victoria Day Hours 9:00 am Seniors Walk	20 8:00 am Toddler Time 9:00 am Seniors Walk 9:00 am Women Only Workout Space 11:30 am PARE Testing 7:00 pm Women Only Workout Space	21 8:00 am Toddler Time 9:00 am Seniors Walk 9:00 am Seniors Walk	22 9:00 am Seniors Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	23 9:00 am Seniors Walk	24
25	26 9:00 am Seniors Walk	27 8:00 am Toddler Time 9:00 am Seniors	28 8:00 am Toddler Time 9:00 am Seniors	29 8:00 am Toddler Time 9:00 am Seniors	30 9:00 am Seniors Walk	

		Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	Walk	Walk 9:00 am Women Only Workout Space 7:00 pm Women Only Workout Space	
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