

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 10:30 Move With Me Workshop 12:10 Yoga Fix W/ Andrea 6:30 Zumba W/ Karin	5 12:10 Rhythm Ride 40 with Priscilla 5:00 Full Body Burn W/ Taylor	6 12:10 High-Low Fit with Rachel 3:30 Move With Me	7 8:30 Toddler Time 12:10 Core Power 40 with Priscilla 5:00 Full Body Burn W/Taylor 7:30 Yin Yoga with Nexcy	8 8:30 Toddler Time 12:10 High-Low Fit with Rachel	9 10:00 Active Yoga Flow with Andrea 11:30 Zumba Mix with Karin
10 12:00 Teen Weight Trainer Course	11 10:30 Move With Me Workshop 12:00 Toddler Time 12:10 Yoga Fix W/ Andrea 6:30 Zumba W/ Karin	12 12:10 Rhythm Ride 40 with Priscilla 5:00 Full Body Burn W/ Taylor	13 8:30 Toddler Time 12:10 High-Low Fit with Rachel 3:30 Move With Me	14 8:30 Toddler Time 12:10 Core Power 40 with Priscilla 5:00 Full Body Burn W/Taylor 7:30 Yin Yoga with Nexcy	15 12:10 High-Low Fit with Rachel	16 10:00 Active Yoga Flow with Andrea 11:30 Zumba Mix with Karin
17	18 10:30 Move With Me Workshop 12:00 Toddler Time 12:10 Yoga Fix W/ Andrea 6:30 Zumba W/ Karin	19 8:30 Toddler Time 12:10 Rhythm Ride 40 with Priscilla 5:00 Full Body Burn W/ Taylor	20 12:10 High-Low Fit with Rachel 3:30 Move With Me	21 12:10 Core Power 40 with Priscilla 4:30 Teen Weight Trainer Course 5:00 Full Body Burn W/Taylor 7:30 Yin Yoga with Nexcy	22 12:10 High-Low Fit with Rachel	23 10:00 Active Yoga Flow with Andrea 11:30 Zumba Mix with Karin
24 12:00 Teen Weight Trainer Course	25 10:30 Move With Me Workshop 12:00 Toddler Time 12:10 Yoga Fix W/ Andrea 6:30 Zumba W/ Karin	26 8:30 Toddler Time 12:10 Rhythm Ride 40 with Priscilla 5:00 Full Body Burn W/ Taylor	27 12:10 High-Low Fit with Rachel 3:30 Move With Me	28 12:10 Core Power 40 with Priscilla	29 8:00 Easter Hours	30 8:00 Easter Hours
31 8:00 Easter Hours 9:00 Toddler Time						